Health and Safety Policy

Health and Safety Officer: Dan Wilson dan@beyondthephysical.co.uk

Policy Location: https://beyondthephysical.co.uk/policies/

Beyond the Physical is committed to providing a safe working, coaching, teaching, mentoring and learning environment for all personnel, learners and any related third parties. Responsibility for health and safety ultimately lies with each individual Beyond the Physical Consultant. However, all learners and personnel have a legal responsibility, as stated under Section 7 of the Health and Safety at Work Act 1974, to do everything practicable to prevent an accident or injury to themselves and to fellow learners and/or personnel. Each Beyond the Physical consultant is responsible for ensuring this information is fully understood by their personnel team and by the learners who commence courses/programmes in their area.

Beyond the Physical aims to promote health and safety, so far as reasonably practicable, by ensuring:

- the provision and maintenance of safe equipment that poses no risk to health
- the provision of relevant information to learners, personnel and any related third parties, including instruction, training and supervision, as is necessary to ensure health and safety
- maintenance of safe environments, including a means of access in a condition that is safe and without risk to health
- progressive identification and assessment of all risk, taking measures to eliminate or control it
- compliance with statutory regulation on health and safety and welfare of candidates, personnel and any related third parties
- the health and safety and welfare of vulnerable learners is addressed through positive action
- all required and appropriately qualified members of personnel are given training to identify and control potentially hazardous situations/environments
- effective measures, such as fire alarms, are in place to deal with emergencies

Nominated/appointed individuals are:
Steve Waide, 118 Stainbeck Lane, Leeds, LS7 3QS
Paul Quinn, 88 New Road, Huddersfield, HD5 0HR
Ben Merry, 29 Sherwood Road, Keynsham, Bristol, BS31 1DA

All confirmed nominees are appropriately qualified first-aiders, holding current first-aid certificates. Therefore, one of the first-aiders listed above must be contacted in the event of an incident occurring, to administer any first aid required. It is important that all issues where a first-aider has been involved are recorded in the necessary incident logbook(s) which accompany the first-aid bag.

Whenever learners are present, to attend for a component of a course/programme, their tutor/assessor is responsible for making them aware of who their nominated first-aiders are and where they can be found (they are required to be on site at the time of a course/programme taking place).

First Aid kits are located within each Beyond the Physical consultant's equipment bag.

Risk Assessment Procedures

Tutors/assessors must ensure that suitable and sufficient control measures are in place to reduce identified risks when they are delivering any component of a course/programme. Any information a tutor/assessor has identified in relation to risk should be shared with/distributed to other members of personnel. All personnel required to conduct risk assessments will be given the appropriate training and/or will be made aware of what is expected of them in advance.

Prior to conducting a course/programme, the tutor/assessor will conduct a risk assessment and record relevant findings in line with the Beyond the Physical health and safety policy. Where tutors/assessors complete a session where they would not normally complete a session, a risk assessment must be conducted, to ensure the health and safety of all present. Additionally, a risk assessment is required to be conducted prior to any practical activity. A risk assessment form has been created for these purposes.

Date policy last reviewed: 1st September 2025